

NORTHERN VIRGINIA REGIONAL PARTNERSHIP FEBRUARY 20, 2003

DRAFT VISION

Development of a cost-effective, comprehensive, culturally competent array of recovery-oriented, consumer choice driven mental health services that are flexible and accessible to consumers and oriented toward crisis prevention and maintaining stability and maximizing community integration.

DRAFT GUIDING PRINCIPLES AND OBJECTIVES

Five Guiding Principles

1. Ensure Quality Services

- Education on how to access services should be available
- Consumers in system should be educated about how to maximize service benefit
- Should be sufficient capacity
- Outcomes should focus on recovery, quality of life, sufficiency, support well being
- A reactive crisis model, both for individuals and for system should be avoided
- Services should be based and on best practice and evidence-based
- Services should be culturally competent
- Services should address co-occurrence of behavioral and medical problems
- Services should be guided by Recovery process

2. Ensure Consumer And Family Protections Are In Place Throughout Any State Facility Restructure

- Assure compliance to human rights and licensure
- Consumers and families should have Involvement in planning process and should be able to exercise preference and choice in treatment services

3. Broaden Community Service Options

- Service options should address diversity and cultural competence
- Service options for Individuals with a Dual Diagnosis should be provided through an integrated system
- Service options should address co-morbidity
- Continuum of services should include full range of needed services, including acute and hospital (intensive care)
- Service options should emphasize community integration
- Service options should utilize natural support systems
- Services options should be easily accessible

NOTES FROM GUIDING PRINCIPLES AND OBJECTIVES BRAINSTORMING

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4. Ensure That Employees Are Retained By System Or Transitioned Appropriately

- Need to address work force crisis in private community based system, e.g., retention/hiring
- Need to address systematic barriers (funding)

5. Maximize Revenue, Minimize Cost

- Increase capacity and choice
- Use cost benefit analysis to make planning decisions
- Balance Accessibility and Cost in Regional Program Planning
- Need to unify funding streams barriers
- Maximize Medicaid eligibility